

2.6 Challenge Calendar

If you're looking for a fundraising challenge which pays attention to your wellbeing during lockdown and which you can make your own, the 2.6 challenge is a great choice. We have created this 26 day calendar to help get you started!

Feel free to customise this to suit you. Fill in the blanks to create your personalised challenge.

We can't wait to hear how you get on!

Day 1 Let 26 people know about your fundraising	Day 2	Day 3 Host a virtual fundraising quiz with 26 questions	Day 4	Day 5 Read 26 pages of a book 
Day 6	Day 7 Do an online yoga class	Day 8	Day 9 Message or call someone to let them know you're thinking of them	Day 10
Day 11 Bake 26 cupcakes and deliver to friends & family (socially distanced!)	Day 12	Day 13 Get an early night 	Day 14	Day 15 Take some time out for mindfulness
Day 16	Day 17 Take a 26 minute walk - enjoy spending time outdoors	Day 18	Day 19 Host a fundraising cook-along	Day 20
Day 21 Run 2.6 miles 	Day 22	Day 23 Climb the stairs 26 times	Day 24	Day 25 Draw 26 sketches of things that make you happy
Day 26 Well done! You've done 26 days of wellness & fundraising.	Day 26 Don't forget to ask your friends and family to try the challenge themselves!			