

Charity Registration No. 1142357

Company Registration No. 07504966 (England and Wales)

MIND IN BRADFORD

**TRUSTEES'/MANAGEMENT COMMITTEE REPORT
AND UNAUDITED ACCOUNTS**

FOR THE YEAR ENDED 31 MARCH 2020

MIND IN BRADFORD

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees/Management Committee

John Vincent (Chairperson)
Christopher Green
Louise Slater
Andrew Hurst
Andrew Richardson
Francesca Hill
Annie Curie
Michael Brown
Parveen Malik (appointed 17 April 2020)

Company Number

07504966

Charity Number

1142357

Registered office

Kenburgh House
28 Manor Row
Bradford
West Yorkshire
BD1 4QU

Independent Examiner

Kevin J Meddings MAAT
Stuart B Lodge & Co
Chartered Accountants
44 Bradford Road
Idle
Bradford
West Yorkshire
BD10 9PE

Bankers

Caf Cash Ltd
Kings Hill
West Malling
ME19 4TA

MIND IN BRADFORD

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MIND IN BRADFORD

TRUSTEES'/MANAGEMENT COMMITTEE REPORT FOR THE YEAR ENDED 31 MARCH 2020

The Board of Trustees present their report and accounts for the year ended 31 March 2020.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the Charity's Articles of Association, the Charities Act 2011 and the Companies Act 2006.

Structure, Governance and Management

The Charity was registered at the Charity Commission on 10 June 2011 having previously been incorporated on 25 January 2011. The Articles of Association were amended on 13 May 2019.

The Trustees/Company Directors who served during the year were:

Christopher Green
Louise Slater
Andrew Hurst
Andrew Richardson
John Vincent (Chairperson)
Francesca Hill
Annie Curie
Michael Brown

Our Board of Trustees comprises of a minimum of three Trustees/Company Directors. We aim to ensure the composition of the Board of Trustees reflects the diversity of the area we serve, and recruit Trustees with skills, expertise, abilities and experience which will add to the Board's effectiveness. This will ensure we are able to govern effectively in accordance with our charitable objectives and statutory obligations.

Objectives and Activities

Our purpose (why we exist) is to promote mental well-being and to empower and help people experiencing mental health problems to manage and work towards recovery and fulfilment.

In line with a continued commitment to modernisation and improvement, Mind in Bradford operates to the guidelines set out by Mind nationally and in recognition of this we have received the Mind Quality Mark.

Achievements and Performance

"I still have good days and bad days, but life is worth living again."

As we look back over the past 12 months, we are proud to say we helped more people than ever before in line with our mission to improve the wellbeing, resilience, and recovery of people across Bradford, Airedale, Wharfedale and Craven. We have supported over 2,500 people via more than 21,000 support interventions.

The reach of Mind in Bradford's services has extended dramatically, with delivery now taking place from seven other partner hub locations across Bradford and beyond into Craven and North Yorkshire, and accessible from everywhere via Mind in Bradford's new Healthy Minds digital doorway and by phone or live chat via Guide-Line. We have extended opening hours, age-ranges catered for, community partnerships, and the range of activities provided. New Guide-Line callers have increased by 50%, Health and Wellbeing activity attendees have increased by 60%, Sanctuary crisis service attendances have increased by 100%, and an additional 600 people have accessed our 1:1 support at GP hubs. We have launched Community Companions, providing much needed support to those feeling isolated, and we have been a proactive partner in the development of a system-wide project to support people living with a Serious Mental Illness access annual Physical Health checks. These achievements have only been possible by listening closely to clients and working collaboratively with community and health system partners to continue to improve existing services and develop new ones to meet previously unmet needs.

MIND IN BRADFORD

TRUSTEES'/MANAGEMENT COMMITTEE REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2020

People are at the heart of our organisation. We now have more frontline staff and volunteers delivering a greater number and range of services, and more back office staff working behind the scenes to enable this to happen, including a second service director, and our first dedicated fundraising officer. As we have grown as an organisation, we have reviewed and improved our operational systems and processes, re-designed our website, increased our communication channels and improved our staff benefits and support. We are building a strong and flexible organisation that can respond to emerging needs and situations with support to our clients at its heart.

When lockdown arrived in March, we were ready and able to respond. We were able to move all of our services, including crisis support and 1:1 sessions, to phone support immediately. We accelerated the introduction of live web-chat and all our staff changed to remote working. We have worked hard in partnership with other organisations to ensure mental health services continued across Bradford and Craven despite the challenges of coronavirus.

Over the last year, we have worked hard to develop our services for children and young people and were delighted to win tender to deliver a new and innovative service to children and young people in Bradford city. At the time of writing we are about to launch our new service for 8-19-year-olds in central Bradford. We are looking forward to working with youth services, schools, local communities and youth offending teams to support the needs of children and young people in the margins of education and on the radar of the justice system.

Our positive relationship with national Mind has continued. Last year national Mind produced a film about the transformation of Mind in Bradford as an inspirational example to others and provided support to others via conference presentation, workshops and individual calls. We have secured the Mind Quality Mark again as well as being nominated for three Mind excellence awards for partnership, leadership and service innovation.

In the past 12 months, we have continued to ensure Mind in Bradford and its clients have been represented at a wide range of district-wide bodies and meetings. Our CEO and Service Director are active members and chairs to a variety of boards and working groups to help ensure the development of a coherent and effective Mental Health Support system for all communities.

This has been year two of a three-year plan to extend our reach, maximise our impact, build positive relationships and ensure organisational sustainability. We look forward to continuing this work with our clients, staff and partnership organisations over the coming year.

Mission and Activities

Our mission (what we do):

- we build community and individual resilience for better well-being
- we provide early intervention advice and support
- we support people in crisis
- we empower and help people to recover and sustain improved well-being

Our services are designed to offer appropriate and timely support, to fulfil our mission and in collaboration with our partners, to collectively make the biggest positive difference to the most people possible. In this reporting year, we have run: Guide-Line; The Sanctuary; Well-being; Maastricht Interview Centre; Extended Access; Community Companions; and Healthy Minds Digital Doorway.

MIND IN BRADFORD

TRUSTEES'/MANAGEMENT COMMITTEE REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2020

Guide-Line

"If it wasn't for Guide-Line I don't think I'd still be here."

Guide-Line is our confidential telephone help-line service, offering mental health information, support and signposting to any adult or child experiencing emotional or mental health problems. Guide-Line has supported adults across Bradford and Craven for more than 20 years and this year changed to all age support. We also extended the helpline's opening hours by three hours a day, and is now open every day of the year between 12 noon and 12 midnight, and is operated by a team of committed, rigorously-trained and empathetic staff and volunteers.

The Guide-Line team handled just over 7,000 calls during the year and nearly half of callers were new to the service. The most common reason for contacting Guide-Line was anxiety which included around covid-19 and other reasons were depression, stress, loneliness, family, relationships, physical illness and self-care. Around two thirds of callers were female, 1% transgender and 27% from a BAME background.

The Sanctuary

"I am so glad I found Sanctuary. It has got me through some very dark moments."

The Sanctuary is our crisis service providing a calm, safe space for adults in distress. It operates between 6pm and 1am every day of the year and is often an alternative to hospital admission.

We have worked with partner organisations to improve referral rates and make sure the service meets client needs. We now support, on average, six people a night - twice as many than 12 months previously. And last summer we lowered the referral age from adult to 16+.

Figures for the year show just under 2,000 attendances by 868 people, 374 of whom attended for the first time. Around three-quarters were white British and 16% from a Pakistani background. Reasons for attending included depression, stress, isolation, anxiety and Covid-19.

Health & Well-Being

"It helped me feel and be more confident and less anxious in social situations, and much calmer."

This year, people aged between 19 and 80-years-old came along to our wellbeing groups and half were men, a group usually less likely to access mental health services.

We offered a wide range of weekly recovery-focused, therapeutic and social groups to everyone, plus six-week programmes which focused on areas such as anxiety and depression. We also improved our welcome groups so people can register and find out about the service more easily. For the first time, we ran wellbeing groups in the wider community at community locations, such as courses at Roshni Ghar in Keighley for South Asian women. We also began a new peer support group for men.

Over 12 months, there were 8,785 attendances by 763 people and more than half were new to the wellbeing service. Around 23% were from a BAME background. Top reasons for attending were anxiety, feeling low, stress, sleep and suicidal thoughts.

As the coronavirus took hold and face-to-face sessions stopped, our wellbeing practitioners phoned clients each week and tested out technologies such as Zoom, which allows clients to enter virtual break out rooms if they need time out from their group.

MIND IN BRADFORD

TRUSTEES'/MANAGEMENT COMMITTEE REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2020

Extended Access

"I had no-one to speak to and no support system in place. Thankfully you were kind, positive and very approachable."

To meet demand, we doubled the number of 1:1 appointments our recovery workers were providing at Bradford GP surgeries as part of the Extended Access programme.

Over 12 months, we saw just under 600 individuals at more than 900 sessions. One quarter were under 18 and last autumn we lowered the minimum age from 14 to 11. Stress and anxiety were two of the most common reasons for attending for both adults and young people.

During the coronavirus outbreak, we continued sessions by phone.

Community Companions

"My befriender makes me smile, is really helpful and I look forward to their call."

This befriending project to prevent social isolation, loneliness and depression is never more needed. The service was launched in partnership with the Muslim Health Service and Bradford District and Craven CCG in Baildon in May 2019. By the end of March 2020, we had trained 20 volunteers to visit 18 people over 65 who were lonely and had no access to services.

In the face of lockdown and social distancing rules, we continued the service by phone and partnered with Baildon Community Link to extend our support. Thanks to extra funding, we are now able to expand the service to central Bradford.

Healthy Minds Digital Doorway

"The Healthy Minds digital doorway site has transformed how we make people aware of what is available to them."

The Healthy Minds website is an online portal run by Mind in Bradford which opens the door to local mental health services. It's designed to be a single point of information and advice for people of all ages and health professionals in Bradford and Craven.

The site went live in November 2019 and has since been launched to healthcare professionals, undergone a rigorous BETA testing phase and been visited by 11,000 people, with 14% completing the wellbeing assistant to receive personalised recommendations.

MIND IN BRADFORD

TRUSTEES'/MANAGEMENT COMMITTEE REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2020

Future

We have made good progress on our mission but will be driving forward further change and improvement to ensure our services make the biggest positive difference to the largest number of people possible. This means employing and supporting the unique skills and talents of our expanding team to strengthen our existing core services whilst developing new areas of much-needed high-quality support.

We will further improve our blended service offer including face-to-face, digital, phone and livechat support. This will involve supporting our workforce to enable them to work flexibly and with agility. We are continually working to maximise the reach and positive impact of our existing services, and will further strengthen our capability to design and develop services to meet priority needs.

We are excited that in the coming year we will be supporting more children and young people than ever before with the launch of a new service. We will be providing mental health support to children and young people aged 8-19 (or 25 with additional needs) in the Bradford central area in community, education and youth offending settings via both 1:1 and group work. To inform and develop our support offer we will be involving children and young people in a collaborative way.

We will continue to work with our partners to ensure we are a cornerstone of integrated support and system developments. We will play a leading role in the Healthy Minds Digital Doorway initiative, using our national and local links and the latest technology to develop this digital wellbeing tool for both practitioners and the public. This will help people access the right support for them at the right time.

We will further develop our organizational resilience through a continued commitment to organizational governance, enhanced business processes and systems and strengthening our fundraising and business development approach to enable appropriate growth.

We continue to be passionate about and committed to working together both as an organisational team and as part of the wider system to ensure no-one faces a mental health problem alone in the Bradford and Craven area.

I look forward to continuing to work with our staff, volunteers, and fellow Trustees, in positive collaboration with our commissioners, fellow services providers, and national Mind colleagues to continue to modernise and improve our services. Together we are determined to make the biggest positive difference to the most people possible.

Financial Review

Mind in Bradford made a surplus in the year of £ 77,181 (2019: £ 89,189).

Total income for the year was £ 924,273 of which £ 823,590 was grant support. Total expenditure was £ 847,092 of which £ 325,340 was specific restricted costs and £ 521,752 unrestricted.

The total at 31 March 2020 of Mind's "free reserves" was £ 385,254 which fulfilled the Charity's Reserves Policy of a minimum of three months running costs.

Restricted funds at the end of the financial year amounted to £ 2,785 and related to two specific projects and is committed to be spent in 2020/21.

In this financial year Mind received a legacy of £ 15,000 which is shown as a separate designated fund.

MIND IN BRADFORD

TRUSTEES'/MANAGEMENT COMMITTEE REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2020

Statement of Directors Responsibilities

The trustees/management committee of Mind in Bradford are responsible for preparing the Trustees/Management Committee Annual report and accounts in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees/management committee to prepare accounts for each financial year. Under company law the trustees/management committee must not approve the accounts unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these accounts the trustees/management committee are required to:-

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements that are reasonable and prudent;
- state whether UK accounting standards have been followed, subject to any departures disclosed and explained in the accounts; and
- prepare the accounts on a going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees/management committee are responsible for the maintenance and integrity of the charity and financial information included on the charity's website. Legislation in the United Kingdom governing the preparation and dissemination of accounts may differ from legislation in other jurisdictions.

The trustees/management committee are responsible for maintaining proper accounting records which disclose at any time the financial position of the charitable company and to enable them to ensure that the accounts comply with the Companies Act 2006, and the Charities Act 2011. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

On behalf of the Board of Trustees/Company Directors



JOHN VINCENT

Trustee/Management Committee

Dated: 14.09.2020

MIND IN BRADFORD

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES/MANAGEMENT COMMITTEE OF MIND IN BRADFORD

I report on the accounts of the Charity for the year ended 31 March 2020, which are set out on pages 8 to 19.

Respective Responsibilities of Trustees/Management Committee and Examiner

The Trustees/Management Committee, who also act as Directors for the charitable activities of Mind in Bradford are responsible for the preparation of the accounts. The Trustees/Management Committee consider that an audit is not required for this year under Section 144(2) of the Charities Act 2011, (the 2011 Act) and that an Independent Examination is needed. The Charity's gross income exceeded £250,000 and I am qualified to undertake the examination.

Having satisfied myself that the Charity is not subject to audit under company law and is eligible for Independent Examination it is my responsibility to:

- (i) examine the accounts under section 145 of the 2011 Act;
- (ii) to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- (iii) to state whether particular matters have come to my attention.

Basis of Independent Examiner's Report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement

In connection with my examination, no matter has come to my attention:

- (a) which gives me reasonable cause to believe that in any material respect the requirements:
 - (i) to keep accounting records in accordance with section 386 of the Companies Act 2006; and
 - (ii) to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities;
 have not been met; or
- (b) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Kevin J Meddings MAAT
Stuart B Lodge & Co
Chartered Accountants
44 Bradford Road
Idle
Bradford
West Yorkshire
BD10 9PE

Dated: 2 November 2020



MIND IN BRADFORD

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31 MARCH 2020

	Notes	Unrestricted Funds £	Designated Funds £	Restricted Funds £	Total 2020 £	Total 2019 £
Income						
Voluntary Income	2	81,079	-	-	81,079	39,629
Investment Income	3	4,604	-	-	4,604	6,671
Incoming Resources from Charitable Activities	4	513,583	15,000	310,007	838,590	667,050
Total Income		599,266	15,000	310,007	924,273	713,350
Expenditure						
Charitable Activities	5	521,752	-	325,340	847,092	624,161
Total Expenditure		521,752	-	325,340	847,092	624,161
Net income/(expenditure)						
Net movement in funds before transfers		77,514	15,000	(15,333)	77,181	89,189
Transfers between funds		4,415	(4,887)	472	-	-
Net income/(expenditure)						
Net movement in funds after transfers		81,929	10,113	(14,861)	77,181	89,189
Total funds brought forward		303,325	4,887	17,646	325,858	236,669
Total funds carried forward		385,254	15,000	2,785	403,039	325,858

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

MIND IN BRADFORD

BALANCE SHEET AS AT 31 MARCH 2020

	Notes	Unrestricted funds £	Restricted funds £	Designated funds £	2020 Total funds £	2019 Total funds £
Fixed Assets	8	-	-	-	-	-
Current Assets						
Debtors	9	39,559	51,308	-	90,867	95,170
Cash at Bank and in Hand		387,951	178,339	15,000	581,290	520,757
Total Assets		427,510	229,647	15,000	672,157	615,927
Creditors: Amounts Falling Due Within One Year	10	(42,256)	(226,862)	-	(269,118)	(290,069)
Total Assets less Current Liabilities		385,254	2,785	15,000	403,039	325,858
The Funds of the Charity						
Unrestricted Funds		385,254	-	-	385,254	303,325
Restricted Funds	11	-	2,785	-	2,785	17,646
Designated Funds	12	-	-	15,000	15,000	4,887
Total Charity Funds		385,254	2,785	15,000	403,039	325,858

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2020. No member of the company has deposited a notice, pursuant to section 476, requiring an audit of these accounts.

The Trustees/Management Committee acknowledge their responsibilities for:

- ensuring that the Company keeps accounting records which comply with section 386 of the Act and;
- preparing accounts which give a true and fair view of the state of affairs of the Company as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to accounts, so far as applicable to the Company.

These accounts have been prepared in accordance with the provisions applicable to companies subject to small companies regime.

The accounts were approved by the Board on 14.09.20

C. Green

C. Green

Trustee/Management Committee

Company Registration Number: 07504966

MIND IN BRADFORD

STATEMENT OF CASHFLOWS AS AT 31 MARCH 2020

	Notes	2020 £	2019 £
Cash used in operating activities	15	59,754	238,468
		<hr/>	<hr/>
Cashflow from investing activities			
Interest income		779	271
		<hr/>	<hr/>
Increase in cash equivalents in the year		60,533	238,739
Cash equivalents at the beginning of the year		520,757	282,018
		<hr/>	<hr/>
Total cash equivalents at the end of the year		581,290	520,757
		<hr/>	<hr/>

MIND IN BRADFORD

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2020

1. Accounting Policies

1.1 Basis of Preparation

The accounts have been prepared under the historical cost convention unless otherwise stated.

The accounts are prepared in accordance with Accounting and Reporting by Charities; Statement of Recommended Practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) published on 16 July 2014, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS102) the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Accounting Practice as it applies from 1 January 2015.

The charity constitutes a public benefit entity as defined by FRS102.

Having considered future planned activities and the reserves available to the charity, the directors are satisfied that the financial statements should continue to be prepared on a going concern basis.

1.2 Incoming Resources

Core funding grants and restricted funding grants are recognised in the income and expenditure account in the period to which they relate. Donations and legacies are accounted for when received by the Charity.

1.3 Resources Expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be recovered and is reported as part of the expenditure to which it relates.

Charitable expenditure comprises those costs incurred by the Charity in the delivery of its activities and services for beneficiaries. These include governance which are those costs associated with meeting the constitutional and statutory requirement of the charitable company.

1.4 Tangible Fixed Assets and Depreciation

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life, as follows:-

Fixtures and fittings and equipment	3 years straight line
-------------------------------------	-----------------------

1.5 Leasing and Hire Purchase Commitments

Rentals payable under operating leases are charged against income on a straight line basis over the period of the lease.

1.6 Pensions

The Charity operates a defined contributions pension scheme. Contributions are charged in the accounts as they become payable in accordance with the rules of the scheme. In addition contributions are paid into the National Employment Savings Trust (NEST) which is a defined contribution workplace scheme.

MIND IN BRADFORD

NOTES TO THE ACCOUNTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2020

1.7 Accumulated Funds

Unrestricted funds are available to spend on activities that further any of the purposes of the charity. Funds may be designated at anytime by the trustees/management committee if such a purpose is identified.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the accounts.

2. Voluntary Income

	Total 2020 £	Total 2019 £
Core Income	81,079	39,629
Unrestricted Funds:		
Donations	76,041	37,652
Training Income	3,509	500
Membership Fees	190	77
Socials and Trips	1,339	-
Student Placement Fees	-	1,400
	81,079	39,629

3. Investment Income

	2020 £	2019 £
Bank Interest Received	779	271
Room Hire	3,825	6,400
	4,604	6,671

MIND IN BRADFORD

NOTES TO THE ACCOUNTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2020

4. Incoming Resources from Charitable Activities:

	2020 £	2019 £
Grants and Donations Receivable	838,590	667,050
Unrestricted Funds:		
Bradford & Airedale CCG Collaboration	411,840	370,000
City of Bradford MDC Mental Health Grant	59,100	59,100
Bradford VCS – GP Extended Access	33,819	12,064
NHS Bradford & District – Healthy Minds System-Wide Communications	8,824	-
	513,583	441,164
Restricted Funds:		
NHS Bradford & District Sanctuary & Resilience Funding	136,110	125,744
Lloyds Bank Foundation	25,000	25,000
Bradford District Care Trust – Winter Pressure Initiative	17,167	48,333
NHS Bradford & District – Community Companions	19,281	587
City of Bradford MDC – Maastricht Delivery	7,864	4,663
NHS Bradford & District – Healthy Minds	71,002	-
NHS Bradford & District – Serious Mental Illness	15,596	-
MAST Project 6 – Frequent Attenders	11,792	-
Roshni Ghar	3,410	-
Lexus Bradford	1,800	-
Celebrate National Lottery 25	985	-
The Department for Work and Pensions – Journey to Employment	-	19,790
	310,007	224,117
Designated Funds:		
Legacy Funding	15,000	-
NHS Bradford & District Resilience Funding (Sanctuary)	-	1,769
	15,000	1,769

MIND IN BRADFORD

NOTES TO THE ACCOUNTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2020

5. Charitable activities

	2020 £	2019 £
Wages and Salaries	512,733	385,216
Redundancy and Change Management Costs	-	1,584
Employers National Insurance	32,456	22,229
Pension Costs	11,859	6,136
Employees Health & Life Cover	2,806	-
Payroll Costs	1,320	1,320
Recruitment Costs	2,011	3,031
Winter Pressure Initiative Partner Costs	11,896	24,961
Specific Project Costs	76,961	1,611
Staff Training & Development	5,070	6,220
Staff Supervision	1,421	-
Repairs and Renewals	3,376	1,692
Cleaning and Domestic	-	917
Maintenance Costs	-	2,866
Rent, Rates and Water	31,747	35,029
Light and Heat	22,038	14,893
Insurance	3,187	3,065
HR Consultancy	15,505	13,804
IT Contracts and Software	7,285	6,406
Publicity and Promotion	8,423	7,885
Refreshments Costs	1,128	1,133
Office Supplies and Equipment	45,316	29,774
Printing and Copying	2,343	2,139
Telephone and Postage	7,609	6,858
Travel Costs	17,841	13,131
Independent Examination Fees	3,400	3,200
Bank Charges	60	61
Professional Fees	9,430	6,165
Subscription and Memberships	1,544	2,247
Trustees and Volunteer Expenses	2,627	1,740
Members Activities	2,910	4,808
Bookkeeping	2,790	14,040
	<hr/> 847,092	<hr/> 624,161

MIND IN BRADFORD

NOTES TO THE ACCOUNTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2020

6. Trustees/Management Committee

None of the Trustees/Management Committee received any remuneration in the year.

There are no other related party transactions that require disclosure.

7. Employees

Number of Employees

The average monthly number of employees during the year was:

	2020	2019
Staff	15	13

Employment Costs

	2020 £	2019 £
Wages and Salaries	512,733	385,216
Redundancy and Change Management Costs	-	1,584
Social Security Costs	32,456	22,229
Other Pension Costs	11,859	6,136
Employees Health & Life Cover	2,806	-
	559,854	415,165

The above figures for average monthly number of employees represents the full time equivalents. Based on the total number of staff (including part time staff) the average monthly figure was 36 (2019: 32).

There were no employees whose annual remuneration was £60,000 or more.

Social Security Costs are after the £3,000 (2019: 3,000) Employers Allowance.

MIND IN BRADFORD

NOTES TO THE ACCOUNTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2020

8. Tangible fixed assets

	Fixtures, Fittings & Equipment £	Total £
Cost		
At 1 April 2019		
And		
At 31 March 2020	74,039	74,039
	<hr/>	<hr/>
Depreciation		
At 1 April 2019		
And		
At 31 March 2020	74,039	74,039
	<hr/>	<hr/>
Net Book Value		
At 31 March 2020	-	-
	<hr/>	<hr/>
At 31 March 2019	-	-
	<hr/>	<hr/>

9. Debtors

	2020 £	2019 £
Trade Debtors	68,379	67,056
Prepayments and Accrued Income	22,488	28,114
	<hr/>	<hr/>
	90,867	95,170
	<hr/>	<hr/>

10. Creditors: Amounts falling due within one year

	2020 £	2019 £
Creditors and Accruals	24,954	41,244
Other Taxes and Social Security Costs	10,630	7,106
Deferred Income	233,534	241,719
	<hr/>	<hr/>
	269,118	290,069
	<hr/>	<hr/>

MIND IN BRADFORD

NOTES TO THE ACCOUNTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2020

11. Restricted Funds

The income funds of the Charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:-

	Balance at 1 April 2019	Incoming Resources	Movement in Funds		Balance at 31 March 2020
	£	£	Resources Expended	Transfers	£
Lloyds Bank Foundation	-	25,000	(25,000)	-	-
NHS Bradford & District Sanctuary & Resilience Funding	-	136,110	(136,110)	-	-
Bradford District Care Trust - Winter Pressure Initiative	17,646	17,167	(35,285)	472	-
NHS Bradford & District – Community Companions	-	19,281	(19,281)	-	-
City of Bradford MDC – Maastricht Delivery	-	7,864	(7,864)	-	-
NHS Bradford & District – Healthy Minds	-	71,002	(71,002)	-	-
NHS Bradford & District – Serious Mental Illness	-	15,596	(15,596)	-	-
MAST Project 6 – Frequent Attenders	-	11,792	(11,792)	-	-
Roshni Ghar	-	3,410	(3,410)	-	-
Lexus Bradford	-	1,800	-	-	1,800
Celebrate National Lottery 25	-	985	-	-	985
	17,646	310,007	(325,340)	472	2,785

Lloyds Bank Foundation

Funding received towards the salary of the Chief Executive Officer, to support Mind in Bradford, to help adults with a range of mental health difficulties, play a fuller role in the community, to bring about changes and benefits to the lives of Mind in Bradford's Service Users.

NHS Bradford & District Sanctuary & Resilience Funding

Funding received to launch a ground breaking crisis service. Providing a critical out of hours support to adults experiencing mental or emotional distress. Used often as an alternative to A&E and Police Custody, it helps ensure vulnerable adults receive the best humane and appropriate support available for their needs.

Bradford District Care Trust – Winter Pressure Initiative

Funding released by NHS to react to specific pressures faced by A&E departments during the winter period. The funding enabled the evolution of an A&E based peer report service (in partnership with The Cellar Trust) linked to the crisis support offered by Sanctuary (Mind in Bradford) and the Haven (managed by The Cellar Trust).

NHS Bradford & District – Community Companions

Funding released to start work on a new pilot project in north Bradford to reduce isolation and depression among the older population.

MIND IN BRADFORD

NOTES TO THE ACCOUNTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2020

City of Bradford MDC – Maastricht Delivery

Funding to continue as a Maastricht Interview Centre in partnership with other organisations to work with people who are hearing voices, understanding links between life experiences and voices to aid recovery.

NHS Bradford & District – Healthy Minds

Funding received towards the salary of the PR and Communications Officer, to support the development and implementation of a new brand (Healthy Minds) which delivers a coherent system wide communication strategy to promote, protect and improve good mental wellbeing for Bradford district.

NHS Bradford & District – Serious Mental Illness

Funding released by NHS to start work on a project aiming to reduce premature mortality associated with physical ill health in people with severe mental illness (in combination with NHS projects). The funding enabled the development of training on the importance of physical healthcare for people living with serious mental illness (SMI) to be delivered to staff and volunteers in the voluntary and community sector who work with people with SMI.

MAST Project 6 – Frequent Attenders

Multi Agency Support Team. As part of our partnership and collaborative working, our practitioners have been working as part of a Multi-agency support team to provide mental health support to individuals who are considered to be frequent attenders to A&E departments. The aim has been to provide more community based support for these individuals and so reduce their attendance at A&E.

Roshni Ghar

As part of our partnership working, our practitioners have been working with Roshni Ghar to support South Asian women with mental health problems. We have delivered Food and Nutrition classes and WRAP groups at their base in Keighley

Lexus Bradford

Funding for new furniture in our sanctuary crisis room and self-care pack for clients.

Celebrate National Lottery 25

Funding for a community lunch for our Community Companions, volunteers and partners in Baildon, around World Mental Health Day.

12. Designated Funds

	Movement in Funds				
	Balance at 1 April 2019	Incoming Resources	Resources Expended	Transfers	Balance at 31 March 2020
	£	£	£	£	£
Bradford VCS Alliance - GP					
Extended Access	4,887	-	-	(4,887)	-
Legacy Funding	-	15,000	-	-	15,000
	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
	4,887	15,000	-	(4,887)	15,000
	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>

MIND IN BRADFORD

NOTES TO THE ACCOUNTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2020

Bradford VCS Alliance – GP Extended Access

Funding for Recovery Workers based in seven GP surgeries to offer 1:1 support to people aged 14 and over who are worried about their mental health. Separate workers for the age groups 14 – 25 and adults.

Legacy Funding

Donation from a local estate, to put towards a project to enable mental health services to be more easily accessible

13. Commitments under Operating and Financial Leases

At 31 March 2020 the charity had annual commitments under non-cancellable operating and financial leases as follows:

	2020 Buildings	2019 Buildings
	£	£
Expiry Date		
Within one year	32,516	32,516
	<hr/>	<hr/>
Between two and five years	32,516	32,516
	<hr/>	<hr/>

14. Contingent Liability – Pensions

A defined benefit scheme was in operation for past employees. At the latest funding update Mind was advised that there was a shortfall in funding of £ 6,182 which would fall due for payment should the charity leave the scheme. This shortfall has not been provided for in these accounts on the basis that the organisation does not intend to withdraw from the fund.

15. Reconciliation of net movement in funds to net cashflow from operating activities:

	2020 £	2019 £
Net movement in funds	77,181	89,189
Deduct interest income	(779)	(271)
Decrease in debtors	4,303	66,199
(Decrease)/increase in creditors	(20,951)	83,351
	<hr/>	<hr/>
	59,754	238,468
	<hr/>	<hr/>