

Charity Number: 1142357

Company Number: 07504966

Mind in Bradford

(A Company Limited by Guarantee)

Annual Report and Financial Statements

For the year ended 31 March 2023

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Mind in Bradford

Legal and Reference Information

Trustees/Management Committee Ruth Mulryne Colman (Chair)
Christopher Green
Andrew Hurst
Andrew Richardson
Annie Curie
Parveen Malik

Company number 07504966

Charity number 1142357

Registered office Kenburgh House
28 Manor Row
Bradford
BD1 4QU

Independent Auditor Azets Audit Services Limited
33 Park Place
Leeds
LS1 2RY

Bankers CAF Cash Ltd
Kings Hill
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ME19 4TA

Mind in Bradford

Trustees' Report for the year ended 31 March 2023

The Board of Trustees, who are also Directors for the purposes of company law, present their report and audited financial statements for the year ended 31 March 2023.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the Charity's Articles of Association, the Charities Act 2011 and the Companies Act 2006.

Structure, Governance and Management

The Trustees/Company Directors who served during the year were:

Ruth Mulryne Colman (Chairperson)

Christopher Green

Louise Slater (Resigned 2 November 2022)

Andrew Hurst

Andrew Richardson

Francesca Hill (Resigned 31 August 2022)

Annie Curie

Michael Brown (Resigned 12 July 2022)

Parveen Malik

Mind in Bradford was set up more than 30 years ago by a group of people who were looking for more mental health and wellbeing support. The organisation became affiliated to national Mind but is an independent charity which relies on its own resources to provide award-winning local services to people in Bradford, Airedale, Wharfedale and Craven.

The company is incorporated under The Companies Act as a company limited by guarantee and is governed by a memorandum and articles of association which outline the objects and powers of the company. The company is a registered charity and operates as a non-profit making organisation. As a company limited by guarantee, Mind in Bradford has no share capital. At 31 March 2023 there were 6 members.

Our Board of Trustees comprises of a minimum of three Trustees. We aim to ensure the composition of the Board of Trustees reflects the diversity of the area we serve, and recruit Trustees with skills, expertise, abilities and experience which will add to the Board's effectiveness. This will ensure we are able to govern effectively in accordance with our charitable objectives and statutory obligations. Trustees are selected by the current Trustees and appointments are put to the vote. The Board meets quarterly and the executive leadership team attend the meetings for accountability and reporting purposes.

The Board agrees the strategy and direction of Mind in Bradford, and delegates the day-to-day management of the organisation and the provision of services to paid staff and volunteers who work under the authority of the Chief Executive and the executive leadership team.

Objectives and Activities

Mind in Bradford operates across Bradford, Airedale, Wharfedale and Craven as one of more than 100 independent local minds throughout England and Wales. We rely on our own resources to provide services which have been designed to meet the needs of our community.

Mind in Bradford

Trustees' Report for the year ended 31 March 2023 (continued)

We help people of all ages at each step of their mental health journey from early intervention through to crisis support and recovery. Our services can be accessed over the phone, online and face-to-face. Support is free and available every day of the year to anyone who needs help with their mental health and wellbeing.

We believe that no one should experience a mental health problem alone and our purpose is to make the best possible difference to the mental health and wellbeing of the greatest number of people.

In line with a continued commitment to continuous improvement, Mind in Bradford operates to the guidelines set out by Mind nationally and in recognition of this we have received the Mind Quality Mark.

Achievements and Performance

Our staff, volunteers and partners have worked together this year to deliver an amazing amount of support to people of all ages.

Mirroring a national picture, the last year has been a challenging time for many people across our region and we've seen increasing demand on our services. In the last 12 months, we supported 13,939 individuals with their mental health across 35,139 interventions, including:

- 8,715 calls and live chats to Guide-Line
- 3,679 attendances at recovery and wellbeing groups
- 9,353 completions of the wellbeing assistant on the Healthy Minds website
- 4,365 crisis support sessions provided by Safe Spaces
- 2,460 sessions of one-to-one support through GP practices
- 1,820 volunteer hours supporting delivery of our crucial services
- 7,274 calls and visits by volunteer befrienders to people feeling isolated and lonely
- 86 individual voice hearers supported with groups and one-to-one Maastricht support
- 2,995 children and young people, aged 5 to 25, supported by the Youth in Mind partnership

This year saw the launch of our new crisis service Safe Spaces, enabling us to support more people experiencing mental health distress. Safe Spaces – operated in partnership with The Cellar Trust - provided 1,843 people with same-day support over the phone and in-person from our Bradford and Keighley Hubs.

Over the past year we've continued to support children and young people with a huge variety of services. The Youth in Mind partnership delivered over 14,000 interventions of one-to-one and peer support, including our Know Your Mind service that reached over 1,000 young people in Central Bradford.

We extended the opening times of our help-line service Guide-Line and now offer telephone and live chat support from 8am to midnight, every day of the year. Our telephone support workers answered over 8,000 calls from people needing confidential, emotional support.

Our Healthy Minds website was visited by over 39,000 people looking for support and information based on their needs and preferences. Healthy Minds continues to be a key first step for anyone looking for support in Bradford District and Craven.

We continued to drive awareness of the link between Severe Mental Illnesses (SMI) and physical health. People diagnosed with schizophrenia, bipolar or organic psychosis are at risk of dying 15-20 years earlier than the general population. We created digital resources and delivered SMI training workshops to 283 members of the district's workforce.

Our befriending service Community Companions has been overwhelmed with referrals from people feeling lonely and isolated. In response we launched and delivered 49 Tea 'n' Talk sessions at community and café venues throughout Bradford and Craven.

The wellbeing service expanded this year to include new activities like horse riding, self-defence and cooking groups. As well as new recovery-based groups for those who speak Urdu and people caring for neuro-diverse children and young people.

Mind in Bradford

Trustees' Report for the year ended 31 March 2023 (continued)

The lingering impact of the pandemic is still with us, and an escalating cost of living crisis continues to grip the nation. It is clear that this year has been even more difficult for our clients, staff and volunteers and that Mind in Bradford's services are needed now more than ever.

No one should experience a mental health problem alone and we will continue to be here for anyone who needs our support across Bradford District and Craven.

Mission and Activities

Our mission (what we do):

- We provide early intervention advice and support
- We support people in crisis
- We build community and individual resilience for better mental wellbeing
- We equip and help people to recover and sustain improved wellbeing

Our services are designed to offer appropriate and timely support, to fulfil our mission and in collaboration with our partners, to collectively make the biggest positive difference to the most people possible.

In this reporting year, we have run:

Phone and live-chat support via Guide-Line

Guide-Line is our free telephone and live-chat service providing confidential, emotional support every day of the year. This year we provided support to 584 people through 8,134 phone calls and 581 live chats.

We extended the opening times of the service from midday to midnight, to 8am to midnight, enabling us to provide support 16 hours a day, every day of the year. Feeling worried and anxious were the most common reason for people getting in touch, followed by feeling lonely and experiencing low mood.

"Guideline service has been a great source of support and is the best helpline service I have used." Client

Support for children and young people via Know Your Mind

Know Your Mind is our dedicated children and young people's service supporting 8-25 year-olds in Central Bradford. Over the last 12 months we have supported 306 young people with 1,593 sessions of one-to-one support. 95% of the young people we supported showed improvement after completing their 8 weeks of one-to-one support.

In addition, we delivered mental health awareness sessions to 721 children and young people, and delivered training to a further 79 members of the CYP workforce.

Anxiety, family relationships and issues at school were some of the main reasons young people sought our support. Of the young people using the service 51% identified as from ethnically diverse communities.

"When I started talking to you, things got easier. My behaviour has changed and I am now a top goal scorer at my club!" Client

Partnership programme for children and young people Youth in Mind

Youth in Mind is a partnership of organisations that provide emotional and wellbeing support to children and young people aged 5 to 19 and up to 25 with additional needs.

This year the partnership supported 2,995 children and young people with 14,115 support sessions, including one-to-one and group support.

Mind in Bradford

Trustees' Report for the year ended 31 March 2023 (continued)

Crisis support via Safe Spaces

Safe Spaces is a calm, non-clinical space for children, young people and adults across Bradford District and Craven who need urgent, same-day mental health support.

This year, we helped 1,843 people experiencing emotional distress, with 4,365 sessions of support from our Bradford and Keighley Hubs. Anxiety was the most common reason for people getting in touch, followed by depression, low mood and family relationships.

Further support is being delivered by the Safe Spaces partnership from crisis cafes in 17 different locations, including schools, cafes and community centers.

"Kind, gentle, understanding. It was like he'd wrapped me in a blanket of kindness." Client

Evening one-to-one support via Enhanced Access

Enhanced Access offer up to three sessions of one-to-one support with a Mind Recovery Worker to anyone registered with a GP in Bradford, Keighley and Skipton. These appointments are often a first step to seeking help for your own or a family member's mental health.

This year, we supported 944 people with 1,830 sessions over the phone through 48 GP practices.

Wellbeing and recovery groups via our Wellbeing service

Our Wellbeing service allows people to meet up regularly to discuss their feelings, share their experiences and take part in activities in a welcoming environment. The groups consist of structured courses with a recovery focus like Six Weeks of Wellness and wellbeing activities like tribal drumming and Zumba.

This year there were 3,679 attendances by 354 people at our recovery and wellbeing groups. Some of the reasons people report were anxiety, depression, bereavement and physical health.

Peer support and Maastricht one-to-one support for voice hearers via Hearing Voices

We supported 86 individual voice hearers by providing 561 interventions through our peer support groups and one-to-one Maastricht interviews.

Clients often hear voices because they have experienced trauma, this service helps develop understanding of their voices and provides them with tools to help. We have a range of people accessing the service aged from 18 to 65+ with the option to access groups and one-to-one support.

"I feel stronger in myself in dealing with the voices now." Client

Befriending support via Community Companions

Community Companions is a befriending service for anyone in Bradford and Craven aged 18+ who is feeling lonely, isolated or struggling with their mental health. Volunteers are matched with clients to provide one hour of weekly support in-person, out in the community for up to three months.

This year the service delivered 7,274 calls and visits to 65 individuals including outdoor walks and visits to local community groups and cafés. We saw an increase in attendees from ethnically diverse backgrounds thanks to volunteers facilitating sessions in Urdu and Punjabi.

GP one-to-one support via WISHH

WISHH provides one-to-one support to patients registered at Windhill, Idle or Saltaire Medical Practices who want to talk about their mental health. These appointments offer a space to explore thoughts and feelings, talk things through and find out about local support services that can help them. Appointments are available over the phone or in-person.

Mind in Bradford

Trustees' Report for the year ended 31 March 2023 (continued)

This year our Wellbeing Practitioners provided 630 sessions of support to 409 people. Anxiety and stress were the most common reasons for attendance followed by depression, low mood and bereavement.

"You were so helpful and supportive. There really is light at the end of the tunnel." Client

One-to-one support via SMI-LE

SMI-LE provides additional practical wellbeing support for up to six weeks to help people registered with a Care Coordinator achieve their individual goals and aspirations. This might be locating more appropriate housing, help with employment, welfare and benefits or support people with their mental health and wellbeing. This year 893 sessions of support were delivered to 206 people.

Early intervention and finding support online via Healthy Minds

Healthy Minds is the online platform to find mental health and wellbeing services across Bradford, Airedale, Craven and Wharfedale.

Last year, more than 39,000 people visited the Healthy Minds website, completing the Wellbeing Assistant 9,353 times to find physical and virtual mental health and wellbeing services, resources and information.

One-to-one and peer support groups via the Wellness Collaborative

The waiting time for psychological therapy to start in Bradford can be lengthy. The Wellness Collaborative supports people on the waiting list by providing ongoing support and wellbeing interventions.

The project, led by Mind in Bradford, brings together six organisations to offer a range of one-to-one support and group support. Patients waiting for therapy can learn about the impact of trauma, wellness planning and learn about other services that can help while they wait for therapy.

Severe Mental Illness and Physical Health Checks

SMI (Severe Mental Illness) commonly refers to diagnoses of schizophrenia, bipolar and psychosis. Our work to support the physical health of people with SMI is really important as they currently face the biggest health inequality gap in England. People living with SMI are at risk of dying 15 to 20 years earlier than the general population mostly due to preventable physical diseases. This disparity in health outcomes is partly due to physical health needs being overlooked, both in terms of identification and treatment.

Since the project launched, we have delivered training on SMI and Physical Health Checks to 283 people. The people trained work in lots of roles across Bradford District and Craven including GP practices and voluntary organisations. We have also developed a range of videos, leaflets and social media campaigns to inform and educate people.

Future

We are entering the final year of a three-year strategy and, although we are making good progress against all four of our mission statements, it is clear there is still much more to do.

As the numbers of people accessing our services continues to grow, we will focus on ensuring we are delivering in the right places and at the right times. We will reach out to understand and connect with all parts of our community in ways which reduce any traditional barriers to accessing our support.

Bradford District is ranked 5th most income deprived and 6th most employment-deprived local authority in England amid concerning reports of low levels of wellbeing, high levels of anxiety and significant increases in serious mental illness (SMI). Against this backdrop, we will look to play a leading role in the creation of a credible, trauma informed approach to SMI, while connecting with the wider health agenda around poverty and housing which often contribute to and exacerbate the difficulties people face.

We will also look to capitalise on the spotlight placed on our region by the successful Bradford City of Culture 2025 bid; both drive further investment into our organisation while also helping further reduce the stigma around mental health via powerful campaigning.

Mind in Bradford

Trustees' Report for the year ended 31 March 2023 (continued)

We will also focus on ensuring our growing organisation continues to be a healthy and happy place to be; with a commitment to excellent governance, improved business processes, financial sustainability and investment in a highly-skilled and well-trained workforce.

We continue to work closely with partner organisations, commissioners and service users to enable better mental health for all across our district, while ensuring we are positioned appropriately to help more people in the growing West Yorkshire commissioning landscape.

Our role as part of a vibrant national network of local Minds means we will continue to seek out opportunities to collaborate in a meaningful way, to share best practice and to learn from other likeminded organisations.

Financial Review

Mind in Bradford made a surplus in the year of £90,667 (2022: £140,105).

Total income for the year was £2,711,783 of which £2,542,679 was grant support. Total expenditure was £2,621,116 of which £1,761,461 was specific restricted costs and £859,655 unrestricted.

The total at 31 March 2023 of Mind's "free reserves" was £534,633 which fulfilled the Charity's Reserves Policy of a minimum of three months running costs.

Restricted funds at the end of the financial year amounted to £274,519 and related to eleven specific projects and is committed to be spent in 2023/24.

Fundraising

Despite the ongoing challenge of the cost-of-living crisis, we have been in awe of the efforts from our supporters who raised and donated £109,760 towards our mental health services. All amounts raised through fundraising in the year are presented within 'Donations' which includes donations from individual supporters and corporate supporters.

We are extremely grateful to everyone who has donated or participated in events and challenges which including a daring fire walk and a 'step-up' challenge at the iconic home of Bradford City AFC. By raising money, our supporters not only funded services but also raised awareness of mental health and the support available throughout Bradford District and Craven.

Mind in Bradford does not use professional fundraisers, commercial participators or third parties to fundraise on our behalf. The day to day management of all income generated is managed internally by the staff team who act under authority delegated by the Trustees and follow the Code of Fundraising Practice set out by the Fundraising Regulator, the independent regulator of charitable fundraising in England, Wales and Northern Ireland.

We have not received any complaints in relation to our fundraising practice for the year under review.

Remuneration of Key staff

The pay of the charity's key management staff is reviewed annually and may be increased in accordance with national indicators such as inflation or average earnings where financially possible and prudent. The remuneration is also benchmarked with charities of a similar size and activity to ensure that it is fair and not out of line with that generally paid for similar roles.

Risk Management

The Trustees have carried out ongoing assessments of the charity's activities setting out the major opportunities available to the charity and the risks to which it is exposed. These risks are identified in the risk register and are risk assessed.

Mind in Bradford

Trustees' Report for the year ended 31 March 2023 (continued)

The principal risks and uncertainties faced by the charity at the time of writing are as follows:

- The short-term nature and economic pressures of some statutory funding which leads to uncertainty for both the staff and the organisation.
- The challenging economic climate and our ability to diversify our traditional sources of income to reduce any over reliance of any one single source.
- The need to maintain awareness of workforce capacity and capability and our ability to attract, retain and develop key staff in both a competitive market place and during a cost of living crisis.
- The ability to appropriately evidence the impact of our services to retain existing work or attract new delivery opportunities.

The Trustees have considered their responsibilities under legislation including health and safety, employment law and safeguarding. Systems and procedures have been implemented to manage specific risks that have been identified, including training for all appropriate persons as necessary.

Public benefit

The aims, objectives and activities of the charity are reviewed regularly, and achievements assessed. When reviewing these and in planning future activities, the Trustees have complied with the duty in section 17 of the Charities Act 2011 to have due regard to public benefit guidance published by the Charity Commission.

Statement of the Responsibilities of the Trustees

Company law requires the Board to prepare financial statements for each financial period, which give a true and fair view of the state of affairs of the Charitable Company as at the end of the financial period and of the surplus or deficit of the Charitable Company for that period.

In preparing those financial statements the Board is required to:

- Select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Company will continue in business.

The Directors are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the Charitable Company and which enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the Charitable Company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Statement of disclosure to the auditor

The Trustees of the company who held office at the date of approval of this annual report confirm that:

- so far as they are aware, there is no relevant audit information, information needed by the company's auditors in connection with preparing their report, of which the charitable company's auditors are unaware; and
- they have taken all the steps that they ought to have taken as Trustees in order to make themselves aware of any relevant audit information and to establish that the charitable company's auditors are aware of this information.

Mind in Bradford

Trustees' Report for the year ended 31 March 2023 (continued)

Auditors

Azets Audit Services Limited were appointed as auditor to the charitable company and are deemed to be reappointed under section 487(2) of the Companies Act 2006.

Small Company Rules

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies. It was approved by the Board of Trustees and signed on its behalf.

Approved on behalf of the Board on ^{09/11/2023}

R Mulryne Colman

R Mulryne Colman

Trustee

Mind in Bradford

Independent Auditor's Report To The Trustees of Mind in Bradford

Opinion

We have audited the financial statements of Mind in Bradford (the 'charity') for the year ended 31 March 2023 which comprise the statement of financial activities, the balance sheet, the statement of cash flows and the notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2023 and of its surplus, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Mind in Bradford

Independent Auditor's Report To The Trustees of Mind in Bradford (continued)

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of our audit:

- the information given in the Trustees' report, which includes the directors' report prepared for the purpose of company law, for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the directors' report included within the Trustees' report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charity and its environment obtained in the course of the audit, we have not identified material misstatements in the directors' report included within the Trustees' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received
 - from branches not visited by us; or
 - the financial statements are not in agreement with the accounting records and returns; or
 - certain disclosures of trustees' remuneration specified by law are not made; or
 - we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the Trustees' report and from the requirement to prepare a strategic report.

Responsibilities of trustees

As explained more fully in the statement of trustees' responsibilities, the trustees, who are also the directors of the charity for the purpose of company law, are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error. In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud, is detailed below.

A further description of our responsibilities is available on the Financial Reporting Council's website at: <https://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

Mind in Bradford

Independent Auditor's Report To The Trustees of Mind in Bradford (continued)

Extent to which the audit was considered capable of detecting irregularities, including fraud.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above and on the Financial Reporting Council's website, to detect material misstatements in respect of irregularities, including fraud.

We obtain and update our understanding of the entity, its activities, its control environment, and likely future developments, including in relation to the legal and regulatory framework applicable and how the entity is complying with that framework. Based on this understanding, we identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. This includes consideration of the risk of acts by the entity that were contrary to applicable laws and regulations, including fraud.

In response to the risk of irregularities and non-compliance with laws and regulations, including fraud, we designed procedures which included:

- Enquiry of management and those charged with governance around actual and potential litigation and claims as well as actual, suspected and alleged fraud;
- Reviewing minutes of meetings of those charged with governance;
- Assessing the extent of compliance with the laws and regulations considered to have a direct material effect on the financial statements or the operations of the entity through enquiry and inspection;
- Reviewing financial statement disclosures and testing to supporting documentation to assess compliance with applicable laws and regulations;
- Performing audit work over the risk of management bias and override of controls, including testing of journal entries and other adjustments for appropriateness, evaluating the business rationale of significant transactions outside the normal course of business and reviewing accounting estimates for indicators of potential bias.
- Performing audit work over the timing and recognition of revenue and in particular whether it has been recorded in the correct accounting period.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Jessica Lawrence

Jessica Lawrence
Senior Statutory Auditor

10/11/2023
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For and on behalf of Azets Audit Services Limited
Statutory Auditor

33 Park Place
Leeds
LS1 2RY

Mind in Bradford

Statement of Financial Activities (including Income and Expenditure Account) for the year ended 31 March 2023

	Note	Unrestricted funds £	Designated Funds £	Restricted Funds £	Total funds 2023 £	Total funds 2022 £
Income						
Donations and Other Income	2	141,939	-	-	141,939	185,437
Charitable Activities	4	722,133	-	1,820,546	2,542,679	1,844,531
Investment Income	3	27,165	-	-	27,165	4,639
Total Income		891,237	-	1,820,546	2,711,783	2,034,607
Expenditure						
Charitable Activities	5	830,280	29,375	1,761,461	2,621,116	1,894,502
Total Expenditure	5	830,280	29,375	1,761,461	2,621,116	1,894,502
Net income/(expenditure) before transfers						
	7	60,957	(29,375)	59,085	90,667	140,105
Transfers between funds	15	(41,450)	41,450	-	-	-
Net movement in funds		19,507	12,075	59,085	90,667	140,105
Funds brought forward		515,126	43,820	215,434	774,380	634,275
Funds carried forward	16	534,633	55,895	274,519	865,047	774,380

The Statement of Financial Activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The notes on pages 16 to 30 form part of the financial statements.

A fully detailed Statement of Financial Activities for year ended 31 March 2022 is shown at note 22.

The Statement of Financial Activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

Mind in Bradford

Balance Sheet as at 31 March 2023

	Note	2023 £	2022 £
Current Assets			
Debtors	10	723,652	251,794
Current Asset Investments	11	1,011,558	400,201
Cash at Bank and in Hand		1,353,785	773,204
Total Assets		3,088,995	1,425,199
Creditors: Amounts Falling Due Within One Year			
	12	(2,223,948)	(650,819)
Total Assets less Current Liabilities		865,047	774,380
Funds of the Charity			
Unrestricted Funds		534,633	515,126
Restricted Funds	14	274,519	215,434
Designated Funds	15	55,895	43,820
Total Funds	16	865,047	774,380

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the Board on 09/11/2023

C Green

C Green
Trustee

Company registration number: 07504966

Mind in Bradford

Statement of Cash Flows for the Year Ended 31 March 2023

	Note	2023 £	2022 £
Cash flows from operating activities	21	1,169,223	252,341
Cash flows from investing activities			
Interest income		22,715	2,239
Increase in cash equivalents in the year		1,191,938	254,580
Cash equivalents at the beginning of the year		1,173,405	918,825
Total cash equivalents at the end of the year		2,365,343	1,173,405

Mind in Bradford

Notes to the Financial Statements for the year ended 31 March 2023

1. Accounting policies

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

Charity Information

Mind in Bradford is a Company Limited by Guarantee in England and Wales and is also a charity registered with the Charity Commission in England and Wales. The registered office is Kenburgh House, 28 Manor Row, Bradford, BD1 4QU.

The company Directors are also members and each member of the company has undertaken to contribute such amount as may be required not exceeding £1 to the assets of the charitable company in the event of it being wound up while he or she is a member, or within one year after he or she ceases to be a member.

Accounting convention

The financial statements have been prepared in accordance with the Charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £1.

The financial statements have been prepared under the historical cost convention, modified to include certain financial instruments at fair value. The principal accounting policies adopted are set out below.

Going concern

The Trustees have prepared financial projections, taking into consideration the current economic climate. They have a reasonable expectation that adequate financial resources are available to enable the charity to continue in operational existence for the foreseeable future, and have adequate contingency plans in the event that income streams are reduced. Consequently the financial statements have been prepared on the basis that the charity is a going concern.

Income

Income is included in the Statement of Financial Activities ("SoFA") when the charity has established entitlement and the amount can be quantified with reasonable accuracy.

Donations and legacies, are included in the SoFA when it is probable that the funds will be received and that they can be measured with sufficient reliability.

Core funding grants and restricted funding grants are recognised in the income and expenditure account in the period to which they relate.

The value of services provided by volunteers is not included.

Where income is received specifically for expenditure in a future accounting period that amount is deferred.

Mind in Bradford

Notes to the Financial Statements for the year ended 31 March 2023 (continued)

1. Accounting Policies (continued)

Expenditure

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be recovered and is reported as part of the expenditure to which it relates.

Charitable expenditure comprises those costs incurred by the Charity in the delivery of its activities and services for its beneficiaries. These include governance which are those costs associated with meeting the constitutional and statutory requirement of the charitable company.

Staff costs

The costs of short term employee benefits are recognised as a liability and an expense where settlement of obligations does not fall within the same period.

Fund accounting

Funds held by the charity are either:

Unrestricted funds - Unrestricted funds are donations and other incoming resources receivable or generated for the objects of the charity without further specified purpose and are available as general funds.

Designated funds - Designated funds are unrestricted funds earmarked by the Trustees for particular purposes.

Restricted funds - Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund, together with a fair allocation of management and support costs.

Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors, cash and bank balances and current asset investments, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Mind in Bradford

Notes to the Financial Statements for the year ended 31 March 2023 (continued)

1. Accounting Policies (continued)

Impairment of financial assets

Financial assets, other than those held at fair value through income and expenditure, are assessed for indicators of impairment at each reporting date. Financial assets are impaired where there is objective evidence that, as a result of one or more events that occurred after the initial recognition of the financial asset, the estimated future cash flows have been affected.

If an asset is impaired, the impairment loss is the difference between the carrying amount and the present value of the estimated cash flows discounted at the asset's original effective interest rate. The impairment loss is recognised in net income/(expenditure) for the year.

If there is a decrease in the impairment loss arising from an event occurring after the impairment was recognised, the impairment is reversed. The reversal is such that the current carrying amount does not exceed what the carrying amount would have been, had the impairment not previously been recognised. The impairment reversal is recognised in net income/(expenditure) for the year.

Derecognition of financial assets

Financial assets are derecognised only when the contractual rights to the cash flows from the asset expire or are settled, or when the charity transfers the financial asset and substantially all the risks and rewards of ownership to another entity, or if some significant risks and rewards of ownership are retained but control of the asset has transferred to another party that is able to sell the asset in its entirety to an unrelated third party.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity held for working capital.

Pension costs

The charity operates defined contribution pension arrangements for its employees. Amounts due are recognised as an expense in the SoFA when they fall due for payment.

Mind in Bradford

Notes to the Financial Statements for the year ended 31 March 2023 (continued)

1. Accounting Policies (continued)

Operating leases

Rentals payable under operating leases, including any lease incentives received, are charged to the SoFA on a straight-line basis over the lease term.

Critical Accounting Estimates and Judgements

In the application of the charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised, if the revision affects only that period, or in the period of the revision and future periods if the revision affects both current and future periods.

After review the Trustees consider that there are no critical estimates and assumptions which have a significant risk of causing a material adjustment to the carrying amount of assets and liabilities within the financial statements.

2. Donations and Other Income

	2023	2022
	£	£
Donations	109,760	172,068
Training Income	4,994	13,210
Membership Fees	86	159
Staffing Income	27,099	-
	141,939	185,437

3. Investment Income

	2023	2022
	£	£
Bank Interest Received	22,715	2,239
Room Hire	4,450	2,400
	27,165	4,639

Mind in Bradford

Notes to the Financial Statements for the year ended 31 March 2023 (continued)

4. Income from Charitable Activities:

	2023 £	2022 £
Unrestricted Funds:		
NHS West Yorkshire ICB	452,329	433,016
Bradford & District Care Trust	50,000	50,000
City of Bradford MDC Mental Health Grant	62,044	59,100
The VCS Alliance	119,946	86,832
Primary Care Network – WISHH	30,909	-
Other	6,905	4,750
	722,133	633,698
Restricted Funds:		
NHS West Yorkshire ICB - Sanctuary & Resilience Funding	25,507	102,028
Bradford & District Care Trust – Winter Pressure Initiative (Smile)	97,500	52,500
NHS West Yorkshire ICB – Community Companions	62,578	26,400
City of Bradford MDC – Maastricht Delivery	20,997	20,000
NHS West Yorkshire ICB – Healthy Minds	69,158	46,592
NHS West Yorkshire ICB – Serious Mental Illness	138,521	64,484
Roshni Ghar	-	1,462
NHS West Yorkshire ICB – Know Your Mind	143,000	143,000
Primary Care Network – WISHH	-	13,340
NHS West Yorkshire ICB – Youth in Mind	653,079	622,237
Bradford & District Care Trust – Winter Pressure Initiative (Wellness Collaborative)	24,147	18,823
NHS West Yorkshire ICB – Guideline Number	20,000	23,995
NHS West Yorkshire ICB – Reach Engagement Funding	47,500	-
NHS West Yorkshire ICB – 8 to Noon Funding	30,000	-
Enterprise Development Fund - Social Investment Training Lead Fund	4,719	20,255
National Association for Mental Health – grant for IT	15,000	-
National Association for Mental Health – West Yorkshire collaboration grant	3,300	-
Digital Enterprise - Connectivity grant	3,000	-
The Cellar Trust – Safe Spaces	462,540	-
NHS West Yorkshire ICB - Community Transformation	-	45,000
Equality Together - Community Champions	-	2,285
Mind – Co-op	-	5,625
Learning Exchange (BAME)	-	2,076
ICS – Perinatal	-	731
	1,820,546	1,210,833
Total income from charitable activities	2,542,679	1,844,531

Mind in Bradford

Notes to the Financial Statements for the year ended 31 March 2023 (continued)

5. Charitable Activities

	2023	2022
	£	£
Wages and Salaries	1,212,835	933,546
Employers National Insurance	80,019	69,674
Pension Costs	28,901	25,495
Employees Health and Life Cover	13,632	9,608
Payroll Costs	2,520	2,140
Recruitment Costs	6,170	11,080
Service Delivery Operational Costs	909,047	602,086
Fundraising	11,702	6,470
Volunteer Expenses	1,573	511
Staff Training and Development	14,787	6,909
Staff Supervision	5,415	5,625
Repairs and Renewals	1,304	5,319
Rent and Rates	30,019	31,061
Light, Heat and Water	23,616	17,028
Insurance	822	666
IT Contracts, Software and Hardware	-	2,596
Publicity and Promotion	9,835	7,811
Telephone	23,267	16,943
Travel Costs	738	139
Refreshment Costs	825	224
	2,377,027	1,754,931
Share of support costs (see note 6)	227,544	131,535
Share of governance costs (see note 6)	16,545	8,036
	2,621,116	1,894,502

Mind in Bradford

Notes to the Financial Statements for the year ended 31 March 2023 (continued)

6. Support Costs

	Support costs	Governance costs	2023 £
Wages and Salaries	141,174	-	141,174
Employers National Insurance	15,785	-	15,785
Pension Costs	4,335	-	4,335
Cleaning and Domestic	9,265	-	9,265
IT Contracts, Software and Hardware	32,180	-	32,180
HS Consultancy	1,200	-	1,200
Printing and Copying	1,966	-	1,966
Rent and Rates	3,336	-	3,336
Repairs and Renewals	145	-	145
Light, Heat and Water	2,624	-	2,624
Insurance	8,265	-	8,265
Office Supplies and Equipment	2,831	-	2,831
Telephone	2,585	-	2,585
Bank Charges	110	-	110
Subscriptions and Memberships	1,743	-	1,743
Audit and Accountancy Fees	-	11,478	11,478
Professional Fees	-	4,736	4,736
Trustee Expenses	-	331	331
	227,544	16,545	244,089

	Support costs	Governance costs	2022 £
Wages and Salaries	69,544	-	69,544
Employers National Insurance	7,156	-	7,156
Pension Costs	2,168	-	2,168
Cleaning and Domestic	9,517	-	9,517
IT Contracts, Software and Hardware	15,395	-	15,395
HR and HS Consultancy	7,440	-	7,440
Printing and Copying	1,696	-	1,696
Rent and Rates	3,451	-	3,451
Repairs and Renewals	591	-	591
Light, Heat and Water	1,892	-	1,892
Insurance	4,797	-	4,797
Office Supplies and Equipment	3,536	-	3,536
Telephone	1,883	-	1,883
Bank Charges	110	-	110
Subscriptions and Memberships	2,359	-	2,359
Audit and Accountancy Fees	-	7,920	7,920
Trustee Expenses	-	116	116
	131,535	8,036	139,571

Mind in Bradford

Notes to the Financial Statements for the year ended 31 March 2023 (continued)

7. Net Income/(Expenditure) for the Year

This is stated after charging:	2023	2022
	£	£
Operating lease charges	32,379	33,461
Auditor's remuneration:		
Audit fees	7,750	5,940
Financial Statements preparation	1,815	1,980

The amounts stated above are inclusive of irrecoverable VAT.

8. Trustees

None of the Trustees received any remuneration or benefits in the year, for Trustee expenses see note 18.

9. Employees

Number of Employees

The average monthly number of employees during the year was:

	2023	2022
Staff	81	59

Staff Costs

	2023	2022
	£	£
Wages and Salaries	1,354,009	1,012,414
Social Security Costs	95,804	69,674
Other Pension Costs	33,235	25,495
Employees Health and Life Cover	13,632	9,608
	1,496,680	1,117,191

The key management personnel of the charity are the Chief Executive Officer, Deputy Chief Executive Officer and Business Development Director. The aggregate employment benefits, including employer's national insurance and pension contributions of the key management personnel of the charity were £140,707 (2022 - £241,272). In the prior year key management personal included Chief Executive Officer, Business Development Director, Service Directors, HR Manager and Finance Manager.

Employees earning more than £60,000 per annum:

	2023	2022
£60,000 to £70,000	1	-
£70,001 to £80,000	-	-
£80,001 to £90,000	-	-
£90,001 to £100,000	-	-
£100,001 to £110,000	-	-
£110,001 to £120,000	-	-

Mind in Bradford

Notes to the Financial Statements for the year ended 31 March 2023 (continued)

10. Debtors

	2023	2022
	£	£
Trade Debtors	681,048	223,690
Prepayments and Accrued Income	42,604	28,104
	<u>723,652</u>	<u>251,794</u>

11. Current Asset Investments

	2023	2022
	£	£
Charity Deposit Fund	1,011,558	400,201

An investment account that was previously disclosed within cash and bank in the prior year has now been reanalysed to current asset investments as this is deemed to be a more accurate recognition of the asset.

12. Creditors: Amounts falling due within one year

	2023	2022
	£	£
Trade creditors	32,609	12,682
Accruals	110,144	72,417
Other Taxes and Social Security Costs	27,738	18,795
Deferred Income	2,053,457	546,925
	<u>2,223,948</u>	<u>650,819</u>

13. Deferred Income

	2023	2022
	£	£
At 1 April 2022	546,925	318,584
Amount released to income	(163,647)	(27,674)
Amount deferred in the year	1,670,179	256,015
At 31 March 2023	<u>2,053,457</u>	<u>546,925</u>

Mind in Bradford

Notes to the Financial Statements for the year ended 31 March 2023 (continued)

14. Restricted Funds

The income funds of the Charity include restricted funds comprising the following balances held on trust for specific purposes:-

As at 31 March 2023	Movement in Funds			Balance at 31 March 2023	
	Balance at 1 April 2022	Income	Expenditure		Transfers
NHS West Yorkshire ICB - Sanctuary & Resilience Funding	8,743	25,507	34,250	-	-
NHS West Yorkshire ICB - Community Companions	8,167	62,578	60,889	-	9,856
City of Bradford MDC - Maastricht Delivery	31,196	20,997	33,922	-	18,271
NHS West Yorkshire ICB - Healthy Minds	10,771	69,158	65,352	-	14,577
NHS West Yorkshire ICB - Know Your Mind	52,211	143,000	159,651	-	35,560
NHS West Yorkshire ICB - Youth in Mind	61,600	653,079	705,679	-	9,000
Bradford & District Care Trust - Winter Pressure Initiative (Smile)	-	97,500	97,500	-	-
NHS West Yorkshire ICB - Serious Mental Illness	-	138,521	138,521	-	-
Bradford & District Care Trust - Winter Pressure Initiative (Wellness Collaborative)	-	24,147	24,147	-	-
NHS West Yorkshire ICB - Guideline Number	11,962	20,000	11,336	-	20,626
NHS West Yorkshire ICB - Reach Engagement Funding	-	47,500	19,669	-	27,831
NHS West Yorkshire ICB - 8 to Noon Funding	-	30,000	11,228	-	18,772
Enterprise Development Fund - Social Investment Training Lead Fund	-	4,719	4,719	-	-
NHS West Yorkshire ICB - Community Transformation	30,784	-	4,338	-	26,446
National Association for Mental Health - grant for IT	-	15,000	10,658	-	4,342
National Association for Mental Health - West Yorkshire collaboration grant	-	3,300	3,300	-	-
Digital Enterprise - Connectivity grant	-	3,000	3,000	-	-
The Cellar Trust - Safe Spaces	-	462,540	373,302	-	89,238
	215,434	1,820,546	1,761,461	-	274,519

Mind in Bradford

Notes to the Financial Statements for the year ended 31 March 2023 (continued)

14. Restricted Funds (continued)

As at 31 March 2022	Movement in Funds			Balance at 31 March 2022	
	Balance at 1 April 2021	Income	Expenditure		Transfers
NHS West Yorkshire ICB - Sanctuary & Resilience Funding	53,776	102,028	147,061	-	8,743
NHS West Yorkshire ICB - Community Companions	8,867	26,400	27,100	-	8,167
City of Bradford MDC - Maastricht Delivery	34,250	20,000	23,054	-	31,196
NHS West Yorkshire ICB - Healthy Minds	2,236	46,592	38,057	-	10,771
NHS West Yorkshire ICB - Know Your Mind	41,663	143,000	132,452	-	52,211
Bradford District & Craven CCG - Youth in Mind	-	622,237	560,637	-	61,600
Bradford & District Care Trust - Winter Pressure Initiative (Smile)	-	52,500	52,500	-	-
NHS West Yorkshire ICB - Serious Mental Illness	-	64,484	64,484	-	-
Roshni Ghar	-	1,462	1,462	-	-
Primary Care Network - WISHH	-	13,340	13,340	-	-
Bradford & District Care Trust - Winter Pressure Initiative (Wellness Collaborative)	-	18,823	18,823	-	-
NHS West Yorkshire ICB - Guideline Number	-	23,995	12,033	-	11,962
Enterprise Development Fund - Social Investment Training Lead Fund	-	20,255	20,255	-	-
NHS West Yorkshire ICB - Community Transformation	-	45,000	14,216	-	30,784
Equality Together - Community Champions	-	2,285	2,285	-	-
Mind - Co-op	-	5,625	5,625	-	-
Learning Exchange (BAME)	-	2,076	2,076	-	-
ICS - Perinatal	-	731	731	-	-
	140,792	1,210,833	1,136,191	-	215,434

NHS West Yorkshire ICB - Sanctuary & Resilience Funding

Funding received for our crisis service. Providing a critical out of hours support to adults experiencing mental or emotional distress. Used often as an alternative to A&E and Police Custody, it helps ensure vulnerable adults receive the best humane and appropriate support available for their needs.

NHS West Yorkshire ICB - Community Companions

Funding for a befriending support service for anyone feeling lonely, isolated or alone. This funding enabled us to recruit, train and retain volunteers to deliver befriending support throughout Bradford District and Craven.

City of Bradford MDC - Maastricht Delivery

Funding to continue as a Maastricht Interview Centre in partnership with other organisations to work with people who are hearing voices, understanding links between life experiences and voices to aid recover.

NHS West Yorkshire ICB - Healthy Minds

Funding to support the development and implementation of Healthy Minds which delivers a coherent system wide communication strategy to promote, protect and improve good mental wellbeing for the Bradford District and Craven.

Mind in Bradford

Notes to the Financial Statements for the year ended 31 March 2023 (continued)

14. Restricted Funds (continued)

NHS West Yorkshire ICB – Know Your Mind

Funding for our dedicated children and young people's service offering a range of different support, including group work and one-to-one sessions, for children and young people who live in the central Bradford area.

NHS West Yorkshire ICB – Youth in Mind

Funding to be the Youth in Mind (YIM) Lead Provider; YIM is a partnership of providers who deliver school, community and hospital-based support to CYP across Bradford District and Craven who are struggling with their mental, emotional or social wellbeing.

Bradford and District Care Trust – Winter Pressure Initiative (Smile)

Non-recurrent funding to set up the Smile Collaborative to support those on waiting lists for mental health support. The project brings together four organisations to offer telephone support.

NHS West Yorkshire ICB – Serious Mental Illness

Funding released by NHS to start work on a project aiming to reduce premature mortality associated with physical ill health in people with severe mental illness (in combination with NHS projects). The funding enabled the development of training on the importance of physical healthcare for people living with serious mental illness (SMI) to be delivered to staff and volunteers in the voluntary and community sector who working with people with SMI.

Bradford & District Care Trust – Winter Pressure Initiative (Wellness Collaborative)

Non-recurrent funding to set up the Wellness Collaborative to support those on waiting lists for psychological support. The project brings together numerous organisations to offer a mixture of one-to-one and group peer support.

NHS West Yorkshire ICB – Guideline Number

This funding covers the free and confidential telephone helpline Guide-Line which also features an online live chat service. This service is for people of all ages in Bradford District and Craven who need emotional/mental health support, advice and guidance or signposting.

NHS West Yorkshire ICB – Reach Engagement Funding

Non-recurrent funding received to further promote our confidential telephone helpline Guideline, with a particular emphasis to encourage its use by the BAME community and males.

NHS West Yorkshire ICB – 8 to Noon Funding

Funding received to expand our confidential telephone helpline Guideline, with additional opening hours from 8am to noon.

Enterprise Development Fund - Social Investment Training Lead Fund

Funding received for the employment of a new Training Lead staff member for training delivery, training development, and business development/customer relationship management, and for access to external consultancy to help implement and grow the trading operation.

NHS West Yorkshire ICB - Community Transformation

Non-recurrent funding received to provide transformative work within the community as and when the need dictates.

The Cellar Trust – Safe spaces

Funding received to provide a crisis service, providing a critical out of hours support to adults and children experiencing mental or emotional distress. This reduces the demand on GPs, specialist services and A&E, improving access to non-medicalised support, treatment, information and advice.

Mind in Bradford

Notes to the Financial Statements for the year ended 31 March 2023 (continued)

15. Designated Funds

As at 31 March 2023	Balance at 1 April 2022	Movement in Funds			Balance at 31 March 2023
		Income	Expenditure	Transfers	
Legacy Funding	15,000	-	-	-	15,000
Company sick pay	12,822	-	-	-	12,822
Staff development and well being	10,000	-	-	-	10,000
TPT Pension Liability	5,998	-	-	-	5,998
Expansion of Leadership Team	-	-	(29,375)	41,450	12,075
	43,820	-	(29,375)	41,450	55,895

As at 31 March 2022	Balance at 1 April 2021	Movement in Funds			Balance at 31 March 2022
		Income	Expenditure	Transfers	
Legacy Funding	15,000	-	-	-	15,000
Company sick pay	-	-	(9,160)	21,982	12,822
Staff development and well being	-	-	-	10,000	10,000
TPT Pension Liability	-	-	-	5,998	5,998
	15,000	-	(9,160)	37,980	43,820

Legacy Funding

Donation from a local estate, to put towards a project to enable mental health services to be more easily accessible.

16. Analysis of Net Assets by Fund

As at 31 March 2023	Tangible fixed assets £	Net current assets £	Total £
Restricted funds	-	274,519	274,519
Unrestricted general funds			
General	-	534,633	534,633
Designated	-	55,895	55,895
	-	865,047	865,047

As at 31 March 2022	Tangible fixed assets £	Net current assets £	Total £
Restricted funds	-	215,434	215,434
Unrestricted general funds			
General	-	515,126	515,126
Designated	-	43,820	43,820
	-	774,380	774,380

Mind in Bradford

Notes to the Financial Statements for the year ended 31 March 2023 (continued)

17. Commitments under Operating and Financial Leases

At 31 March 2023 the charity had annual commitments under non - cancellable operating and financial leases as follows:

	2023 £	2022 £
Expiry Date		
Within one year	27,161	33,008
Between two and five years	1,088	26,874
	28,249	59,882

18. Taxation

Mind in Bradford is a registered charity and as such is a charity within the meaning of schedule 6 of the Finance Act 2010. Accordingly, it is potentially entitled to tax exemption under part 11 of the Corporation Tax Act 2010 or section 256 of the Taxation of Chargeable Gains Act 1992 in respect of income and gains arising.

19. Related party transactions

Trustee travel expenses of £Nil were reimbursed during the year (2022: £Nil), none of the trustees received remuneration or benefits from the charity during the year (2022: £Nil).

During the year Mind in Bradford paid £4,894 (2022: £2,100) to Schofield Sweeney LLP for legal fees. Andrew Hurst who is a trustee of Mind in Bradford is an LLP Member of Schofield Sweeney LLP.

20. Contingent Liability – Pensions

The charity is a participating employer in the Growth Plan pension scheme which is a multiemployer defined benefit pension scheme. The scheme is closed to admission and the charity has a very small exposure to liability in the scheme, the last funding update advised the charity of a share in liabilities of £3,178 (2022: £4,192) and there is no indication that this has increased materially at 31 March 2023. This liability has not been recognised and accounted for in accordance with FRS 102 and the Charity SORP on the grounds of immateriality.

21. Reconciliation of net movement in funds to net cashflow from operating activities:

	2023 £	2022 £
Net movement in funds	90,667	140,105
Deduct interest income	(22,715)	(2,239)
Increase in debtors	(471,858)	(82,808)
Increase in creditors	1,573,129	197,283
	1,169,223	252,341

The charity had no net debt at the current or prior year end.

Mind in Bradford

Notes to the Financial Statements for the year ended 31 March 2023 (continued)

22. Statement of Financial Activities (including Income and Expenditure Account) for the year ended 31 March 2022

	Note	Unrestricted funds £	Designated Funds £	Restricted Funds £	Total funds 2022 £	Total funds 2021 £
Income						
Donations and Other Income	2	185,437	-	-	185,437	91,983
Charitable Activities	4	633,698	-	1,210,833	1,844,531	1,181,814
Investment Income	3	4,639	-	-	4,639	5,590
Total Income		823,774	-	1,210,833	2,034,607	1,279,387
Expenditure						
Charitable Activities	5	749,151	9,160	1,136,191	1,894,502	1,193,612
Total Expenditure	5	749,151	9,160	1,136,191	1,894,502	1,193,612
Net income/(expenditure) before transfers						
	7	74,623	(9,160)	74,642	140,105	85,775
Transfers between funds	14	(30,998)	30,998	-	-	-
Transfers between funds		(6,982)	6,982			
Net movement in funds		36,643	28,820	74,642	140,105	85,775
Funds brought forward		478,483	15,000	140,792	634,275	548,500
Funds carried forward	15	515,126	43,820	215,434	774,380	634,275