

Dress Colourful Day!

Date:

Dress to impress to raise money towards funding mental health services for young people



Wear your favourite colourful outfit and express yourself! It's £1 donation to take part.

Help us raise awareness of mental health and vital funds for Bradford District and Craven Mind, so they can support more young people with their mental health and wellbeing.

Help us to ensure no young person faces a mental health challenge alone.

Bradford District and Craven Mind Charity No. 1142357



Fundraising guide for a Dress Colourful Day!

Raise awareness and encourage open conversations about mental health!

Bradford District and Craven Mind are your local mental health charity that provide vital mental health services to people of all ages, including young people.

Hold a colourful dress day:

To raise awareness and vital funds, schools and colleges across Bradford District and Craven can hold a none-uniform / colourful dress code day. Choose any dress code theme you like. Every £1 donated will help fund local mental health services for young people in Bradford District and Craven.

What your support can do

Demand for mental-health support in our district has never been higher. Every little can make a huge difference to a young person in your community.



Could fund a call to Guide-Line
for emotional support



Could fund the first 1:1
session with Know Your Mind



Could fund 8 weeks of 1:1
support from Know Your Mind

How we can help your students:

We provide a huge range of mental health services for young people. Choose from in-person, over the phone, one-to-one support or in groups.

You can find the full range of services on our website:
mindinbradford.org.uk

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